

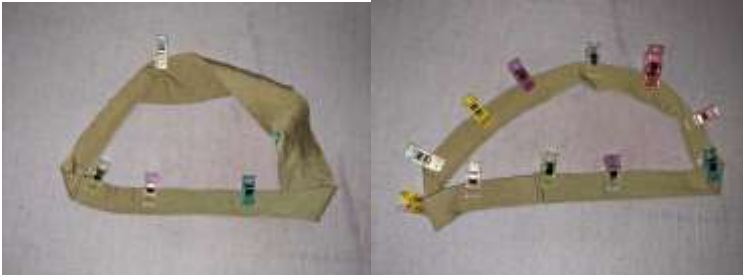





Adding Bands To Garments – Steps with Photos

Here's how I do bands. The photos are of a neckline but I use these similar steps for cuffs and waistbands.

<p>1. Cut the neckband. Stretch goes in direction of length.</p>	<p>If your pattern doesn't come with measurements for the neck band, fold the garment flat and measure across the neckline space. Double that number (front and back of garment) and multiply by .85 (85%) to get the neckband length. This is for stretchy fabric. You may need to adjust the % for different fabrics.</p>
<p>2. Fold with wrong sides out. Stitch or serge across the raw edge.</p>	
<p>3. Find quarters. Clip across from the seamline to mark halves. Then match up the halves to determine quarters.</p> <p>Tip: I like to use a specific color clip to represent 4ths. I use blue (see photo)</p>	
<p>4. Begin to fold the neckband with right sides out. This will hide the seam you sewed earlier.</p> <p>Tip: I like to clip the edges together around the neckband to make sure I don't miss a layer when I'm sewing/serging. The blue clips help me remember where quarters are</p>	

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<p>for when I line the band up.</p>	
<p>5. Find quarters on your garment.</p> <p>I do this by clipping and matching the front and back center (pink clips in photo), then aligning the raw edges until they meet at a point. Clip at this corner to mark the 4ths.</p> <p>These quarters are where I align my blue clips (quarters) when I attach my neck band.</p>	
<p>*This is where I made most of my mistakes! Pay attention to direction of fabric.</p> <p>6. Pull garment right side out. Lay neckband with raw sides up.</p> <p>7. Align neckband with serged/sewn edge to the back (some people put this on the left shoulder)</p> <p>8. Clip the 'blue' quarters on the neckband to the quarters marked on the garment.</p>	
<p>9. Lay the garment under the needle. I start my sewing at the back seamline.</p>	

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*This is where I made a lot of mistakes too! Be sure to stretch evenly between the 'blue' quarters clips so you aren't stuck with a bunched up piece of fabric at the end!

10. Gently stretch the neckband so that it aligns with the lines of the garment.

Tip: I hold it at the next blue/quarters clip to ensure the stretch is being distributed correctly.

Tip: The other clips holding the neckband closed will help make sure the neckband doesn't come open and you can easily feed all the layers into the machine as you approach them.



11. When you get to each 'blue' quarters clip, gather the fabric straight back toward you so that you are gently stretching toward the next 'blue' clip.



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12. As you approach your beginning point, stretch toward you to make sure all the fabric is evenly fed. Serge or sew straight to the beginning point, being sure to feed the last bit of your seam allowance as you meet your beginning point.



13. If serging, you'll want to finish your garment by:

- unraveling the loose threads at the end
- feeding the needle through the sewn ends
- thread the needle with the unraveled threads
- pull the needle and threads through the serged area



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14. Unfold the neckband and press, if needed.



Photos captured by T. Imgarten 10/30/19